



## GME Bridge Coaching Contract

Goals: The Transition to Residency Advantage program aims to create an infrastructure for coaching and reflection that can allow residents to evaluate their experience with the support of a trained coach, reflect, set goals, identify opportunities and re-direct course when indicated. Using available data about performance and learner reflection, TRA GME Bridge Coaches will help make explicit the process of developing from medical student to resident. The goal of the program is to enhance performance, reduce stress and support self-directed learning and professional development.

The expectations of both coach and resident are open and honest communication, continuity of relationship and trust. To facilitate this, both members of the coaching pair should agree on the following elements of the coaching relationship.

Time requirements of participating (Length and frequency of meetings):

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Duration of the program (time and pacing of meetings):

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Expectations for setting the agenda for meetings and work/assignments between meetings:

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Confidentiality of information:

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Types of information coaches see:

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Communication procedures between meeting (email/text/phone use, maximum time to respond to messages):

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Signatures

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